

# August 2017 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	7:00am-6:45pm <b>Lap Swim</b>
	8:45-9:45am <b>AquaFit</b> Julie (7) Avis (14,21,28)		8:45-9:45am <b>AquaFit</b> Avis (2) Billie (9,16,23,30)	8:45-9:15am <b>Aqua Yoga</b> Sarabeth (3,24,31) Joyce (10,17)	8:45-9:45am <b>AquaFit</b> Joyce (4) Julie (11,18,25)	
		9:30-10:30am <b>Deep Water</b> Julie (1,29) Peggy (8,15,22)		9:30-10:30am <b>Deep Water</b> Peggy (3) Joyce (10,17) Julie (24,31)		
	10:00-11:00am <b>AquaFit</b> July (7,21) Joyce (14,28)		10:00-11:00am <b>AquaFit</b> Julie (2,9) Peggy (16,23,30)		10:00-11:00am <b>AquaFit</b> Peggy (4) Julie (11,18,25)	
		10:30am-9:45pm <b>Family Swim</b>		10:30am-9:45pm <b>Family Swim</b>		
	11:15-12:00pm <b>Gentle AquaFit</b> Carol		11:15-12:00pm <b>Gentle AquaFit</b> Carol (2,9) Peggy (16,23,30)		11:15-12:00pm <b>Gentle AquaFit</b> Peggy (4) Carol (11,18,25)	7:00am-6:45pm <b>Family Swim</b>
1:00-6:45pm <b>Family Swim</b>	12:00-6:00pm <b>Family Swim</b>		12:00-6:00pm <b>Family Swim</b>		12:00-6:00pm <b>Family Swim</b> (1-3pm Western State)	
					4:00-5:00pm <b>Afterschool Adventure Club</b>	
	6:00-7:00pm <b>Splashburner</b> Jenn		6:00-7:00pm <b>Splashburner and/or Aqua Zumba</b> Melissa		6:00-7:00pm <b>Splashburner and/or Aqua Zumba</b> Joyce	
	7:00-9:45pm <b>Family Swim</b>	7:30-9:45pm <b>Family Swim</b>	7:00-9:45pm <b>Family Swim</b>	7:30-9:45pm <b>Family Swim</b>	7:00-8:45pm <b>Family Swim</b>	
Two Lap Lanes are available at all times for Lap Swim Private Swim Lessons maybe scheduled during operational hours Group Swim Lessons will resume in September on Tuesday and Thursday Evenings and Saturday Morning						

**The Pool and Hot Tub will be closed August 6-12 for yearly cleaning and maintenance. The Saunas and Steam Rooms will remain open.**