

DECEMBER 2017 GYM SCHEDULE

Fitness Room Side

MIDDLE BASKETS NOT PERMITTED FOR USE BY MEMBERS DURING BASKETBALL PRACTICES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00-3:00 Open Gym	5:30-9:30am Adult Gym	5:30-8:15am Open Gym	5:30-9:30am Adult Gym	5:30-8:15pm Open Gym	5:30-9:00am Adult Gym	7:00-1:00pm Open Gym
		8:15-9:30	9:30am-12pm	8:15-9:30		
3:00-4:30pm Family Gym	9:30am-12pm Family Gym	BOOT CAMP 9:30-3:00pm Pickleball	Family Gym 1:00-3:00pm HSPE	BOOT CAMP 9:30-12:00pm HSPE	9:00-3:00pm Pickleball	
	12:00-5:00pm	3:00-5:00pm				
4:30-7:00pm Adult Gym	Youth Gym	Youth Gym	3:00-6:30pm Youth Gym	12:00-5:00pm Youth Gym	3:00-5:00pm Youth Gym	1:00-7:00pm Youth Gym
	5:00-8:30pm Youth Bball	5:00-8:30pm Youth Bball	6:30-10:00pm Volleyball	5:00-8:30pm Youth Bball	5:00-8:30pm Youth Bball	
	8:30-10:00pm Adult Gym	8:30-10:00pm Adult Gym		8:30-10:00pm Adult Gym		

Teen Center Side

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00-3:00pm Pickleball	5:30-9:30am Family Gym	5:30-8:15am Family Gym	5:30-9:30am Family Gym	5:30-8:15am Family Gym	5:30-9:00am Adult Gym	7:00-1:00pm Open Gym
		8:15-9:30am				
3:00-4:30pm Open Gym	9:30-5:00pm Open Gym	BOOT CAMP 9:30-1:00pm Pickleball	9:30-3:00pm Open Gym	8:15-9:30am BOOT CAMP 9:30-3:00 Youth Gym	9:00-12:00pm Pickleball 12:00-3:00pm Open Gym	1:00-5:00pm Family Gym
		1:00-5:00pm	3:00-8:00pm	3:00-5:00pm	3:00-5:00pm	5:00-7:00pm
4:30-7:00pm Adult Gym		Open Gym	Youth Gym	Open Gym	Youth Gym	Adult Gym
	5:00-8:30pm Youth Bball	5:00-8:30pm Youth Bball	8:00-10:00pm Open Gym	5:00-8:30pm Youth Bball	5:00-8:30pm Youth Bball	
	8:30-10:00pm Adult Gym	8:30-10:00pm Adult Gym		8:30-10:00pm Adult Gym		

