

December 2017 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30AM-9:45PM LAP SWIM	5:30AM-9:45PM LAP SWIM	5:30AM-9:45PM LAP SWIM	5:30AM-9:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	7:00am-6:45pm Lap Swim
		8:10-8:40am Swim Lesson		8:10-8:40am Swim Lesson		7:30-8:30am Swim Team
	8:45-9:45am AquaFit Julie (4,18) Joyce (11) No Class (25)		8:45-9:45am AquaFit Billie	8:45-9:15am Aqua Yoga Sarabeth (7,21) Joyce (14,28)	8:45-9:45am AquaFit Julie Peggy (29)	
		9:30-10:30am Deep Water Peggy (5,19) Julie (12) No Class (26)		9:30-10:30am Deep Water Julie (7,21) Peggy (14,28)		9:00am-12:30pm Swim Lessons
	10:00-11:00am AquaFit Julie (4,18) Peggy (11) No Class (25)		10:00-11:00am AquaFit Peggy (6,20) Julie (13,27)		10:00-11:00am AquaFit Julie Peggy (29)	
		10:30am-4:30pm Family Swim		10:30am-4:30pm Family Swim		12:30-6:45pm Family Swim
	11:15-12:00pm Gentle AquaFit Carol (4,18) Peggy (11) No Class (25)		11:15-12:00pm Gentle AquaFit Peggy (6,20) Carol (13) Julie (27)		11:15-12:00pm Gentle AquaFit Carol Joyce (29)	
1:00-6:45pm Family Swim	12:00-6:00pm Family Swim		12:00-6:00pm Family Swim		12:00-6:00pm Family Swim (1-3pm Western State)	
		4:30-7:30pm Swim Lessons	4:00-6:15pm Swim Team	4:30-7:30pm Swim Lessons	4:30-5:30pm Afterschool Adventure Club	
					4:00-6:15pm Swim Team	
	6:00-7:00pm Splashburner Jenn (4,11,18) No Class (25)		6:00-7:00pm Splashburner and/or Aqua Zumba Melissa		6:00-7:00pm Splashburner and/or Aqua Zumba Joyce	
	6:45-9:00pm Swim Team	6:30-9:00pm Swim Team		6:30-9:00pm Swim Team		
	7:00-9:45pm Family Swim	7:30-9:45pm Family Swim	7:00-9:45pm Family Swim	7:30-9:45pm Family Swim	7:00-8:45pm Family Swim	
<p>Two Lap Lanes are available at all times for Lap Swim Private Swim Lessons maybe scheduled during operational hours The Y will be closed on Sunday and Monday, December 24 and 25 in observance of the Christmas Holiday! No Group Fitness Classes on Tuesday, December 26!</p>						