

MARCH 2018 GYM SCHEDULE

Fitness Room Side

****YOUTH VOLLEYBALL BEGINS MARCH 22ND ON THURSDAYS FROM 5:00-8:30PM****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00-3:00pm	5:30-9:30am	5:30-8:15am	5:30-9:30am	5:30-8:15am	5:30-9:00am	7:00-1:00pm
Open Gym	Adult Gym	Open Gym	Adult Gym	Open Gym	Adult Gym	Youth Gym
		8:15-9:30am	9:30-1:00pm	8:15-9:30am		
3:00-4:30pm	9:30am-12pm	BOOT CAMP	Open Gym	BOOT CAMP	9:00-3:00pm	1:00-3:00pm
Family Gym	Family Gym	9:30-3:00pm		9:30-12:00pm	Pickleball	Pickleball
		Pickleball	1:00-3:00pm	HSPE		
	12:00-6:30pm	3:00-5:00pm	HSPE			
4:30-7:00pm	Youth Gym	Youth Gym		12:00-5:00pm	3:00-5:00pm	3:00-7:00pm
Adult Gym				Youth Gym	Youth Gym	Open Gym
		5:00-8:00pm	3:00-7:30pm	Open Gym		
		Family Gym	Gymnastics	5:00-8:00pm	5:00-9:00pm	
					Family Gym	
	6:30-10:00pm	8:00-10:00pm	7:30-10:00pm	8:00-10:00pm		
	Adult Gym	Adult Gym	Adult Gym	Adult Gym		

Teen Center Side

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30-9:30am	5:30-8:15am	5:30-9:30am	5:30-8:15am	5:30-9:00am	7:00-1:00pm
	Family Gym	Family Gym	Family Gym	Family Gym	Adult Gym	Pickleball
		8:15-9:30am		8:15-9:30am		
1:00-4:30pm	9:30-5:00pm	BOOT CAMP	9:30am-3:00pm	BOOT CAMP	9:00-12:00pm	1:00-5:00pm
Open Gym	Open Gym		Open Gym		Pickleball	Open Gym
		9:30am-1:00pm		9:30-3:00pm	12:00-3:00pm	
		Pickleball	3:00-6:30pm	Open Gym	Open Gym	
4:30-7:00pm	5:00-8:00pm	1:00-5:00pm	Youth Gym			5:00-7:00pm
Adult Gym	Pickleball	Open Gym		3:00-5:00pm	3:00-5:00pm	Adult Gym
				Youth Gym	Youth Gym	
		5:00-8:00pm	6:30-10:00pm	5:00-8:00pm		
		Family Gym	Volleyball	Pickleball		
	8:00-10:00pm	8:00-10:00pm		8:00-10:00pm	5:00-9:00pm	
	Adult Gym	Adult Gym		Adult Gym	Family Gym	

