

July 2018 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30AM-9:45PM LAP SWIM	5:30AM-9:45PM LAP SWIM	5:30AM-9:45PM LAP SWIM	5:30AM-9:45PM LAP SWIM	5:30AM-8:45PM LAP SWIM	7:00am-6:45pm Lap Swim
		8:10-8:40am Swim Lesson		8:10-8:40am Swim Lesson		
	8:45-9:45am AquaFit Joyce (2) Peggy (9) Julie (16,23,30)		8:45-9:45am AquaFit Billie No Class (4)	8:45-9:15am Aqua Yoga Sarabeth (5,19) Joyce (12,26)	8:45-9:45am AquaFit Joyce (6) Julie (13,20,27)	
		9:30-10:30am Deep Water Peggy (3,10) Julie (17,24,31)		9:30-10:30am Deep Water Joyce (5,12,26) Julie (19)		9:00am-12:30pm Swim Lessons
	10:00-11:00am AquaFit Peggy (2,16,30) Joyce (9) Julie (23)		10:00-11:00am AquaFit Julie Joyce (11) No Class (4)		10:00-11:00am AquaFit Joyce (6) Julie (13,20,27)	
		10:30am-4:30pm Family Swim		10:30am-4:30pm Family Swim		12:30-6:45pm Family Swim
	11:15-12:00pm Gentle AquaFit Peggy (2) Carol (9,16,23,30)		11:15-12:00pm Gentle AquaFit Peggy (11,18) Carol (25) No Class (4)		11:15-12:00pm Gentle AquaFit Carol	
1:00-6:45pm Family Swim	12:00-6:00pm Family Swim	1:30-2:30pm Summer Learning Loss Prevention	12:00-6:00pm Family Swim	1:30-2:30pm Summer Learning Loss Prevention	12:00-6:00pm Family Swim (1-3pm Western State)	
		4:30-7:30pm Swim Lessons		4:30-7:30pm Swim Lessons		
	6:00-7:00pm Splashburner Jenn		6:00-7:00pm Splashburner and/or Aqua Zumba Melissa No Class (4)		6:00-7:00pm Splashburner and/or Aqua Zumba Joyce Katelyn (20)	
	7:00-9:45pm Family Swim	7:30-9:45pm Family Swim	7:00-9:45pm Family Swim	7:30-9:45pm Family Swim	7:00-8:45pm Family Swim	
Two Lap Lanes are available at all times for Lap Swim Private Swim Lessons maybe scheduled during any operational hours The Y will be closed on July 4th in order to observe Independence Day Our pool will be closed August 5-12 for annual maintenance						