

AUGUST GYM SCHEDULE '19

FITNESS SIDE

(ALL PROGRAMS MUST START & END ON TIME)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00p-3:00p OPEN GYM	5:30a-2:30p OPEN GYM	5:30a-8:15a OPEN GYM	5:30a-2:30p OPEN GYM	5:30a-8:00a OPEN GYM	5:30a-9:30a OPEN GYM	1:00pm-7:00p OPEN GYM
		8:15-9:30a Boot Camp		8:15-9:30a Boot Camp		
		9:45a-2:30p Pickleball		9:45a-2:30p OPEN GYM	9:45a-2:30p Pickleball	
	2:50p-5:45pm Afterschool Youth	2:50p-6:30pm Afterschool Youth	2:50p-4:45pm Afterschool Youth	2:50p-6:45pm Afterschool Youth	2:50p-5:45pm Afterschool Youth	
			5:00p-7:00p Youth Volleyball			
		8/6 and 8/13 6:30p-10:00p Womens Bball Playoffs	7:00p-9:45p Adult Volleyball	7:00p-9:45p Adult Gym	6:00p-9:45p Family Gym	
3:00p-7:00p Family Gym						

TEEN CENTER SIDE

(ALL PROGRAMS MUST START AND END ON TIME)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30a-2:30p OPEN GYM	5:30a-8:00a OPEN GYM	5:30a-2:30a OPEN GYM	5:30a-8:00a OPEN GYM	5:30a-9:00a OPEN GYM	7:00a-7:00p OPEN GYM
		8:15-9:30am BOOT CAMP		8:15-9:30am BOOT CAMP		
		9:45a-2:30p Pickleball		9:45a-2:30p OPEN GYM	9:45a-2:30p Pickleball	
1:00-4:00pm Pickleball	2:50p-5:45pm Afterschool Youth	2:50p-6:30pm Afterschool Youth	2:50p-5:45pm Afterschool Youth	2:50p-5:45pm Afterschool Youth	2:50p-5:45pm Afterschool Youth	
	8/6 and 8/13 6:00p-8:00p Womens Bball Practice	8/6 and 8/13 6:30p-9:00p Womens Bball Playoffs		6:00p-8:00p Pickleball		
4:15p-7:00p Family Gym	6:00p-8:00p Pickleball		6:00p-9:45p OPEN GYM	8:15p-9:45p Adult Gym	6:00p-9:45p OPEN GYM	

