

# September 2019 AQUATICS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-9:45PM <b>LAP SWIM</b>	5:30AM-8:45PM <b>LAP SWIM</b>	7:00am-6:45pm <b>Lap Swim</b>
						7:00-8:30am <b>Swim Team</b>
	8:45-9:45am <b>AquaFit</b> Julie (9) Karen (16,23) Peggy (30) <b>No class (2)</b>	8:45-9:15am <b>Aqua Yoga</b> Joyce	8:45-9:45am <b>AquaFit</b> Billie (4,18) Karen (11,25)	8:45-9:15am <b>Aqua Yoga</b> Joyce	8:45-9:45am <b>AquaFit</b> Karen	
		9:30-10:30am <b>Deep Water</b> Julie (3,10,17) Peggy (24)		9:30-10:30am <b>Deep Water</b> Peggy (5,12,19) Julie (26)		9:00am-12:30pm <b>Swim Lessons</b>
	10:00-11:00am <b>AquaFit</b> Peggy <b>No class (2)</b>		10:00-11:00am <b>AquaFit</b> Peggy (4,11,25) Julie (18)		10:00-11:00am <b>AquaFit</b> Karen (6,20) Julie (13,27)	
		10:30am-4:30pm <b>Family Swim</b>		10:30am-4:30pm <b>Family Swim</b>		12:30-6:45pm <b>Family Swim</b>
	11:15-12:00pm <b>Gentle AquaFit</b> Carol <b>No class (2)</b>		11:15-12:00pm <b>Gentle AquaFit</b> Peggy (4,18) Carol (11,25)		11:15-12:00pm <b>Gentle AquaFit</b> Carol	
1:00-6:45pm <b>Family Swim</b>	12:00-6:00pm <b>Family Swim</b>		12:00-6:00pm <b>Family Swim</b>		12:00-6:00pm <b>Family Swim</b> (1-3pm Western State)	
		4:30-7:30pm <b>Swim Lessons</b>		4:30-7:30pm <b>Swim Lessons</b>	<b>Afterschool</b> 4:30-5:30pm	
	6:00-7:00pm <b>Splashburner</b> Jenn <b>No class (2)</b>		6:00-7:00pm <b>Aqua Zumba and/or Splashburner</b> Melissa Joyce (18)		6:00-7:00pm <b>Splashburner</b> Joyce	
	7:00-9:45pm <b>Family Swim</b>	7:30-9:45pm <b>Family Swim</b>	7:00-9:45pm <b>Family Swim</b>	7:30-9:45pm <b>Family Swim</b>	7:00-8:45pm <b>Family Swim</b>	
Two Lap Lanes are available at all times for Lap Swim Private Swim Lessons may be scheduled during any operational hours The YMCA will be closed in observance of Labor Day September 2 <sup>nd</sup> .						